

Making the most of your opportunities A career story



Alison Colling Executive Assistant to Deputy Chief Executive and Chief Finance & Commercial Officer.

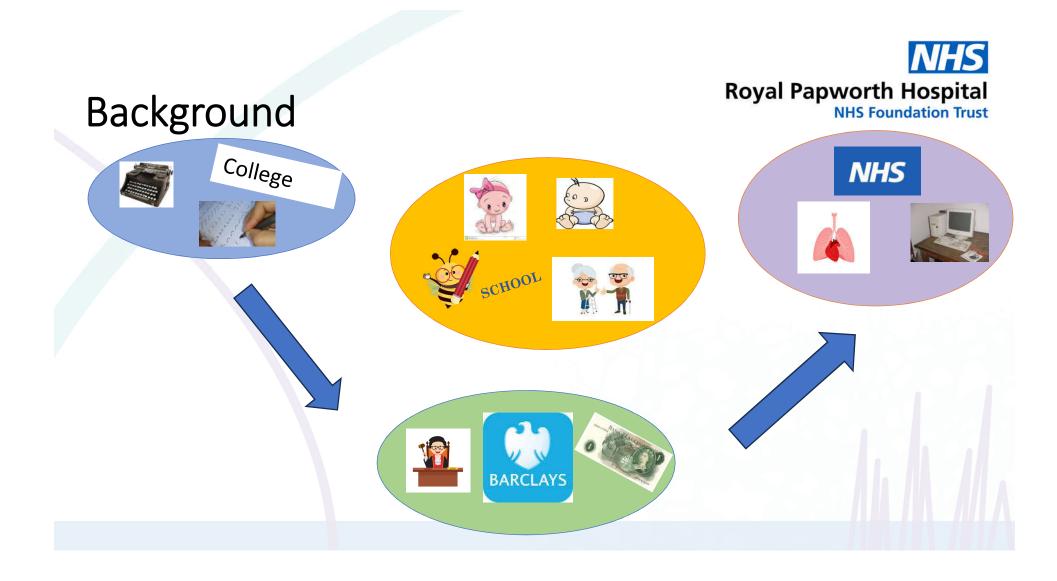


About me

Personal introduction









Formal Development

What does this mean to you?

- o Promotion
- Training and education
- o Networking
- Formal Qualifications
- o Others ??





Self- Development

What does this mean to you?



How can I do this for myself?



Self-development



Barclays Bank Rowing Team



New hospital – bedmaking, ready for patients arriving



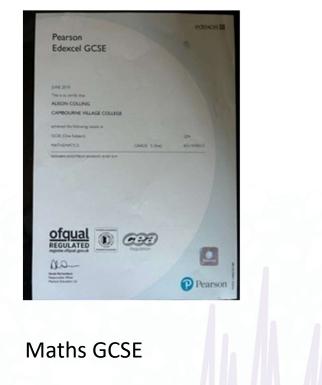
Patient help



Self Development



NVQ Level 3 and NVQ Level 4



Self Development



Covid-19 Vaccination Hub



Xmas Charity fundraising at Waitrose, St Ives





Charity fundraising – Tandem skydive



BENEFITS

- Self-confidence
- Self-worth
- Health and well-being
- Giving 'something back'

VALUES

Compassion Excellence

Collaboration

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- Compassion
- Excellence
- Collaboration

Royal Papworth Hospital NHS Foundation Trust



My new motto: "If I can jump out of a plane, I can do anything!"

And so can you

