

# Making the most of your opportunities .... A career story



Alison Colling Executive Assistant to Deputy Chief Executive and Chief Finance & Commercial Officer.

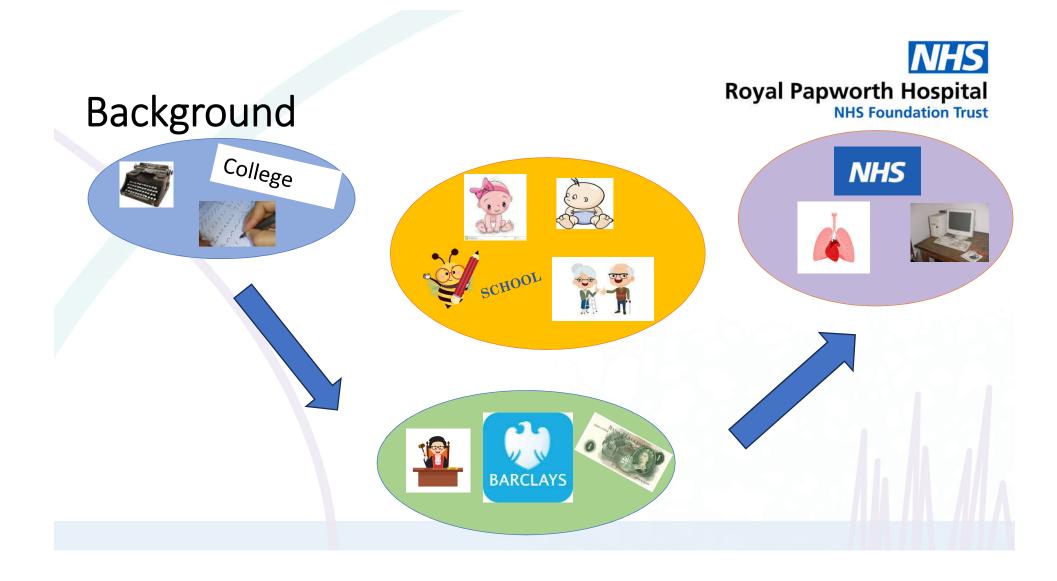


#### About me .....

#### **Personal introduction**









# Formal Development

#### What does this mean to you?

- o Promotion
- Training and education
- o Networking
- Formal Qualifications
- o Others ??





# Self- Development

What does this mean to you?



How can I do this for myself?



# Self-development



Barclays Bank Rowing Team



New hospital – bedmaking, ready for patients arriving



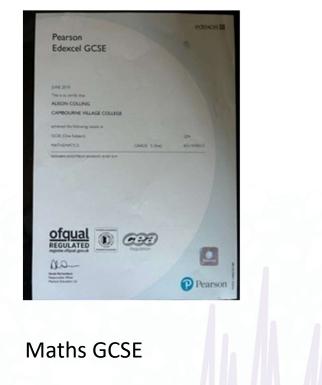
Patient help



## Self Development



NVQ Level 3 and NVQ Level 4



## Self Development



Covid-19 Vaccination Hub



Xmas Charity fundraising at Waitrose, St Ives





Charity fundraising – Tandem skydive



**BENEFITS** .....

- Self-confidence
- Self-worth
- Health and well-being
- Giving 'something back'

VALUES

Compassion Excellence

Collaboration

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- Compassion
- Excellence
- Collaboration

## Royal Papworth Hospital NHS Foundation Trust



My new motto: "If I can jump out of a plane, I can do anything!"

And so can you .....

